

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

(Eds: Disclaimer: The following content is a press release. PTI takes no editorial responsibility for the same.) More than 300 international academics, research scholars and multidisciplinary professionals exchanged experiences and research results about mental health during the pandemic. April 12th, 2021: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10. As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace. More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being. Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr. Sahni said. Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. " There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added. Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology. Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations. PWR PWR

Disclaimer :- This story has not been edited by Outlook staff and is auto-generated from news agency feeds. Source: PTI

<https://www.outlookindia.com/newscroll/jibs-organizes-international-scientific-conference-on-mental-health-wellbeing-and-loneliness-during-covid19/2063171>

JIBS organizes International Scientific Conference on "Mental Health Well-Being and Loneliness during COVID-19"

(Eds: Disclaimer: The following content is a press release. PTI takes no editorial responsibility for the same.)

More than 300 international academics, research scholars and multidisciplinary professionals exchanged experiences and research results about mental health during the pandemic.

April 12th, 2021: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

(This story has not been edited by THE WEEK and is auto-generated from PTI)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

Author : ANI | April 12, 2021 09:57 AM



Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.



JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. will not be responsible in any way for the content of this article. (/OP Jindal University)

(With inputs from ANI)

Disclaimer: This post has been auto-published from an agency feed without any modifications to the text and has not been reviewed by an editor

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'

Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.



As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'



NEW DELHI: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic." There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

<https://www.punjabnewsexpress.com/health/news/jibs-organizes-international-scientific-conference-on-mental-health-well-being-and-loneliness-during-covid-19-135417>

JIBS organizes International Scientific Conference on ‘mental health, well-being and loneliness during Covid-19’

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.



Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on “Mental Health, Well-Being and Loneliness during COVID-19” from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. “In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic,” Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic.” There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating,” he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'



New Delhi, April 12 (IANS) Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'



New Delhi, April 12 (IANS) Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS Organizes International Scientific Conference On ‘Mental Health, Well-Being And Loneliness During Covid-19’



New Delhi: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on “Mental Health, Well-Being and Loneliness during COVID-19” from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. “In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic,” Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic.” There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating,” he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health, especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'

New Delhi, April 12 (IANS) Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'



NEW DELHI, APRIL 12 : Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.



JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness'

New Delhi, Apr 12 (IANS): Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of PsychologyCounselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on ‘mental health, well-being and loneliness during Covid-19’



New Delhi, April 12 | Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on “Mental Health, Well-Being and Loneliness during COVID-19” from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. “In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic,” Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic.” There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating,” he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on 'mental health, well-being and loneliness during Covid-19'

New Delhi, April 12 (IANS) Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

This story is provided by OP Jindal University. ANI will not be responsible in any way for the content of this article. (ANI/OP Jindal University)

JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

New Delhi [India], April 12 (ANI/OP Jindal University): Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof (Dr) Sanjeev P Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological and social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.



JIBS organizes International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19"

More than 300 international academics, research scholars and multidisciplinary professionals exchanged experiences and research results about mental health during the pandemic.

April 12th, 2021: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organized the International Scientific Conference on "Mental Health, Well-Being and Loneliness during COVID-19" from April 09-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and share their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations especially during the current global mental health crisis. "In a world where pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the COVID-19 pandemic," Dr. Sahni said.

Dr. Sahni also highlighted the drastic changes in the psychological & social aspects of behavior among people because of the COVID-19 crisis and ways to alleviate them during the pandemic. "There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating," he added.

Dr. Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr. Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health especially during the global pandemic. Dr. Balode praised the role of Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council on the United Nations.

(Disclaimer: The above content is a press release. PTI takes no editorial responsibility for the same.)

JIBS organizes International Scientific Conference on ‘mental health, well-being and loneliness during Covid-19’



New Delhi: Jindal Institute of Behavioural Sciences (JIBS), O.P. Jindal Global University in collaboration with Free International University of Moldova organised the International Scientific Conference on “Mental Health, Well-Being and Loneliness during COVID-19” from April 9-10.

As the pandemic continues to disrupt the lives of people across the world, the conference aimed to discuss, analyze and suggest ways to alleviate the toll it has had on the health care systems and mental health of the general populace.

More than 300 international academics, scientists, research scholars, multidisciplinary professionals, practitioners, social workers, and students from around the globe exchanged and shared their experiences and research results on varying topics of mental health and well-being.

Speaking during the virtual session, Prof. (Dr.) Sanjeev P. Sahni, Principal Director of the Jindal Institute of Behavioural Sciences (JIBS) emphasized the need to bring up the issue of mental health in everyday conversations, especially during the current global mental health crisis. “In a world where a pandemic has completely ravaged our day to day lives, the conference aimed to find methods and tools in coping with the feelings of anxiety, depression, burnout, fatigue, loneliness, and frustration caused by the Covid-19 pandemic,” Dr. Sahni said.

Dr Sahni also highlighted the drastic changes in the psychological & social aspects of behaviour among people because of the Covid-19 crisis and ways to alleviate them during the pandemic.” There is a need to understand the increasing demand for mental health services. Prior to the pandemic, there was already an acute underfunding of mental health, but now the situation is aggravating,” he added.

Dr Derick Hall Lindquist, Vice Dean of the newly established Jindal School of Psychology & Counselling (JSPC) presented the virtual welcome address during the conference whereas Dr Nelly Balode, Head of Psychology and Educational Sciences Department, Free International University of Moldova conducted a special session accentuating need to raise awareness about mental health, especially during the global pandemic. Dr Balode praised the role of the Jindal Institute of Behavioural Sciences in applied and experimental research in the areas of mental health, competency mapping and social psychology.

Established in 2014, Jindal Institute of Behavioural Sciences (JIBS) is a value-based research Institute of O.P. Jindal Global and a member of the Academic Council of the United Nations.